Announcement Summary

Entity name

NUTRITIONAL GROWTH SOLUTIONS LTD

Announcement Type

New announcement

Date of this announcement

Monday November 09, 2026

The +securities to be quoted are:

+Securities issued as part of a transaction or transactions previously announced to the market in an Appendix 3B

Total number of +securities to be quoted

ASX +security code	Security description	Number of +securities to be quoted	Issue date
NGS	ORDINARY FULLY PAID	51,302	09/11/2026

Refer to next page for full details of the announcement

Part 1 - Entity and announcement details

1.1 Name of entity

NUTRITIONAL GROWTH SOLUTIONS LTD

We (the entity named above) apply for +quotation of the following +securities and agree to the matters set out in Appendix 2A of the ASX Listing Rules.

1.2 Registered number type

ARBN

Registration number

642861774

1.3 ASX issuer code

NGS

1.4 The announcement is

New announcement

1.5 Date of this announcement

9/11/2026

Part 2 - Type of Issue

2.1 The +securities to be quoted are:
+Securities issued as part of a transaction or transactions previously announced to the market in an Appendix 3B

Previous Appendix 3B details:

Announcement Date and Time	Announcement Title	Selected Appendix 3B to submit quotation request
06-Nov-2026 19:44	New - Proposed issue of securities - NGS	A placement or other type of issue

2.3a.2 Are there any further issues of +securities yet to take place to complete the transaction(s) referred to in the Appendix 3B?
No

Part 3A - number and type of +securities to be quoted where issue has previously been notified to ASX in an Appendix 3B

Placement Details

ASX +security code and description

NGS : ORDINARY FULLY PAID

Issue date

9/11/2026

Distribution Schedule

Provide a distribution schedule for the new +securities according to the categories set out in the left hand column - including the number of recipients and the total percentage of the new +securities held by the recipients in each category.

Number of +securities held	Number of holders	Total percentage of +securities held For example, to enter a value of 50% please input as 50.00
1 - 1,000		%
1,001 - 5,000		%
5,001 - 10,000		%
10,001 - 100,000		%
100,001 and over		%

Issue details

Number of +securities to be quoted

51,302

Are the +securities being issued for a cash consideration?

No

Please describe the consideration being provided for the +securities

Issue of shares to extinguish a loan to a non-related party in lieu of cash repayment.

Please provide an estimate (in AUD) of the value of the consideration being provided per +security for the +securities to be quoted

923.440000

Any other information the entity wishes to provide about the +securities to be quoted

Part 4 - Issued capital following quotation

Following the quotation of the +securities the subject of this application, the issued capital of the entity will comprise:

The figures in parts 4.1 and 4.2 below are automatically generated and may not reflect the entity's current issued capital if other Appendix 2A, Appendix 3G or Appendix 3H forms are currently with ASX for processing.

4.1 Quoted +securities (total number of each +class of +securities quoted on ASX following the +quotation of the +securities subject of this application)

ASX +security code and description	Total number of +securities on issue
NGS : ORDINARY FULLY PAID	964,092,637

4.2 Unquoted +securities (total number of each +class of +securities issued but not quoted on ASX)

ASX +security code and description	Total number of +securities on issue
NGSAN : EMP OPTIONS EX VARIOUS DATES EX VARIOUS PRICES	635,417
NGSAZ : OPTION EXPIRING 01-JUL-2028 EX $0.04	4,000,000
NGSAY : OPTION EXPIRING 11-AUG-2028 EX $0.04	52,000,000
NGSAAC : OPTION EXPIRING 14-OCT-2029 EX $0.055	2,500,000
NGSAAA : OPTION EXPIRING 14-OCT-2029 EX $0.025	2,500,000
NGSAAB : OPTION EXPIRING 14-OCT-2029 EX $0.04	2,500,000
NGSAA : OPTION EXPIRING 23-DEC-2028 EX $0.025	25,000,000
NGSAB : OPTION EXPIRING 04-SEP-2029 EX $0.025	50,000,000
NGSAC : OPTION EXPIRING 04-SEP-2029 EX $0.04	15,000,000
NGSAV : OPTION EXPIRING 19-JUL-2027 EX $0.04	750,000