30th October 2026

ASX ANNOUNCEMENT

Quarterly Activities Report
For the Quarter ending 30 September 2026

Highlights

- **Farmout efforts continue to progress well across both the Alinya Project (Officer Basin) and the Warro Gas Project (Perth Basin). Multiple parties are currently reviewing data in the Warro data room, while interest in the Alinya Project remains strong.**
- **Reprocessing of the Warro 3D seismic dataset has been completed and interpretation is underway. Early results have identified several prospective leads beneath the known Yarragadee gas accumulation that warrant further evaluation.**
- **Detailed drilling and reservoir engineering studies on the Warro Field are nearing completion. Preliminary results are encouraging and suggest there may be a pathway to a commercial development utilising existing well infrastructure, subject to demonstrating commercial gas flow rates from previously stimulated intervals following isolation and testing**
- **The Company has applied to renew Retention Lease R7 and remains in active discussions with the WA Department of Mines, Petroleum and Exploration.**

H3 Energy Limited (ASX:H3E, H3 Energy or the Company) is pleased to present its Quarterly Activities Report for the 3 months ending 30 September 2026 (period or quarter).

Warro Gas Project – Western Australia

During the quarter, H3 Energy continued its comprehensive technical re-evaluation of the Warro Gas Field, aimed at improving understanding of reservoir behaviour and assessing potential development pathways. These studies are now nearing completion and will underpin future appraisal planning and work program design for the permit.

The Warro 3D seismic reprocessing project was completed during the quarter and interpretation of the new dataset has commenced. Early results have identified several prospective leads beneath the existing discoveries within the Cadda and Cattamarra Coal Measures. Equivalent reservoirs have delivered commercial conventional gas production in nearby fields, including Red Gully and Walyering.

Figures 1 and 2 present preliminary mapping of uncalibrated low acoustic impedance anomalies identified within the reprocessed dataset and illustrate their proximity to existing wellbores. In several instances, the mapped features appear to be located within approximately 300 to 500 metres of previously drilled wells. Ongoing technical work indicates that some of these deeper targets may potentially be tested using existing well infrastructure, significantly reducing drilling costs compared to a new exploration well.

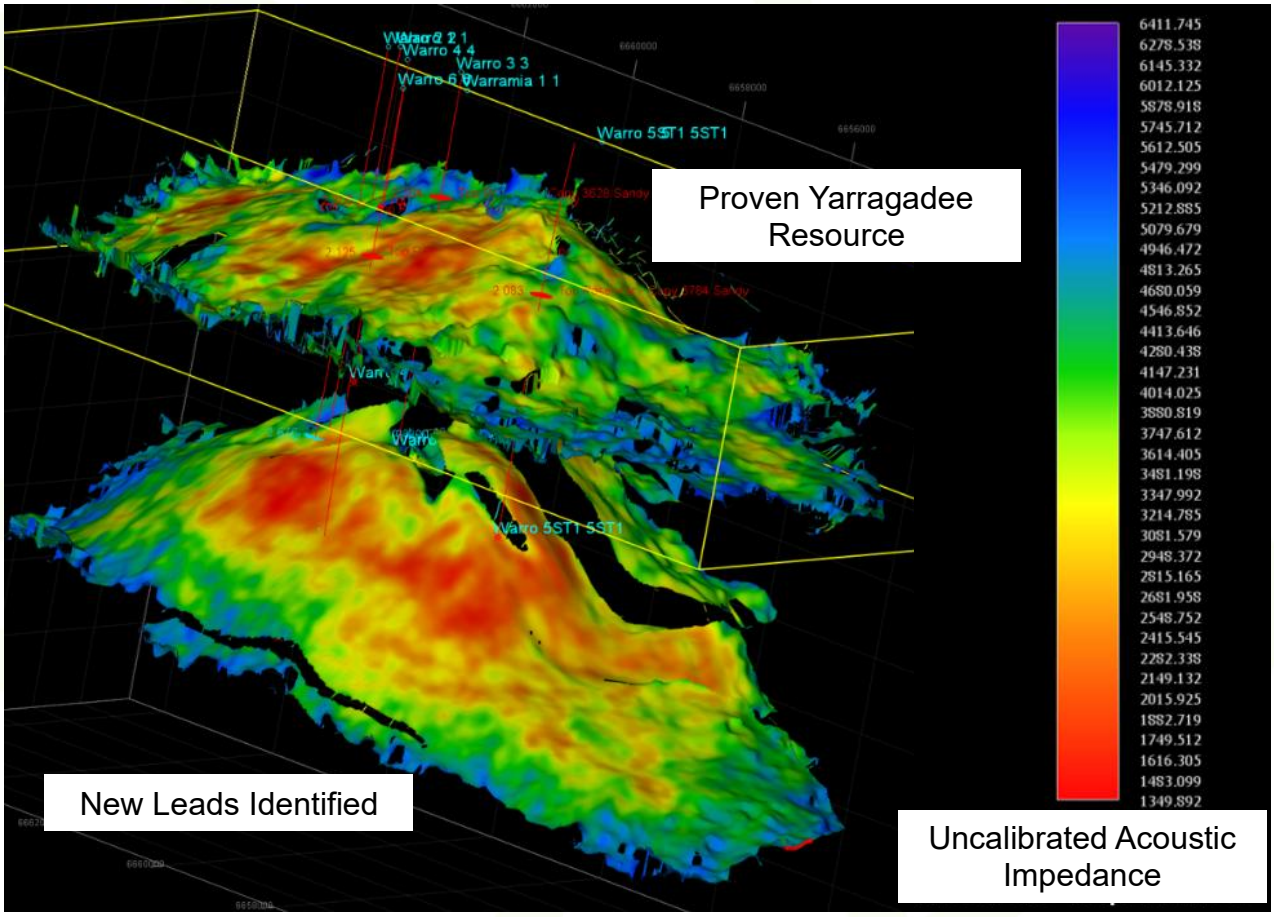


Figure 1: Uncalibrated acoustic impedance extraction from the new Warro 3D reprocessing. Notice the significant anomaly below the proven Yarragadee Reservoirs.

The next phase of the evaluation program has commenced, focusing on detailed drilling, completion and reservoir engineering studies to identify the most cost-effective method of accessing and testing the identified targets. A key objective of this work is the design of an appraisal program capable of assessing the commercial potential of the Yarragadee reservoir while also evaluating the deeper exploration opportunities identified from the seismic interpretation. This work remains on schedule for completion by the end of October 2026.

Intra Cattamarra Coal Measures Geobody
- Acoustic Impedance extraction (uncalibrated)

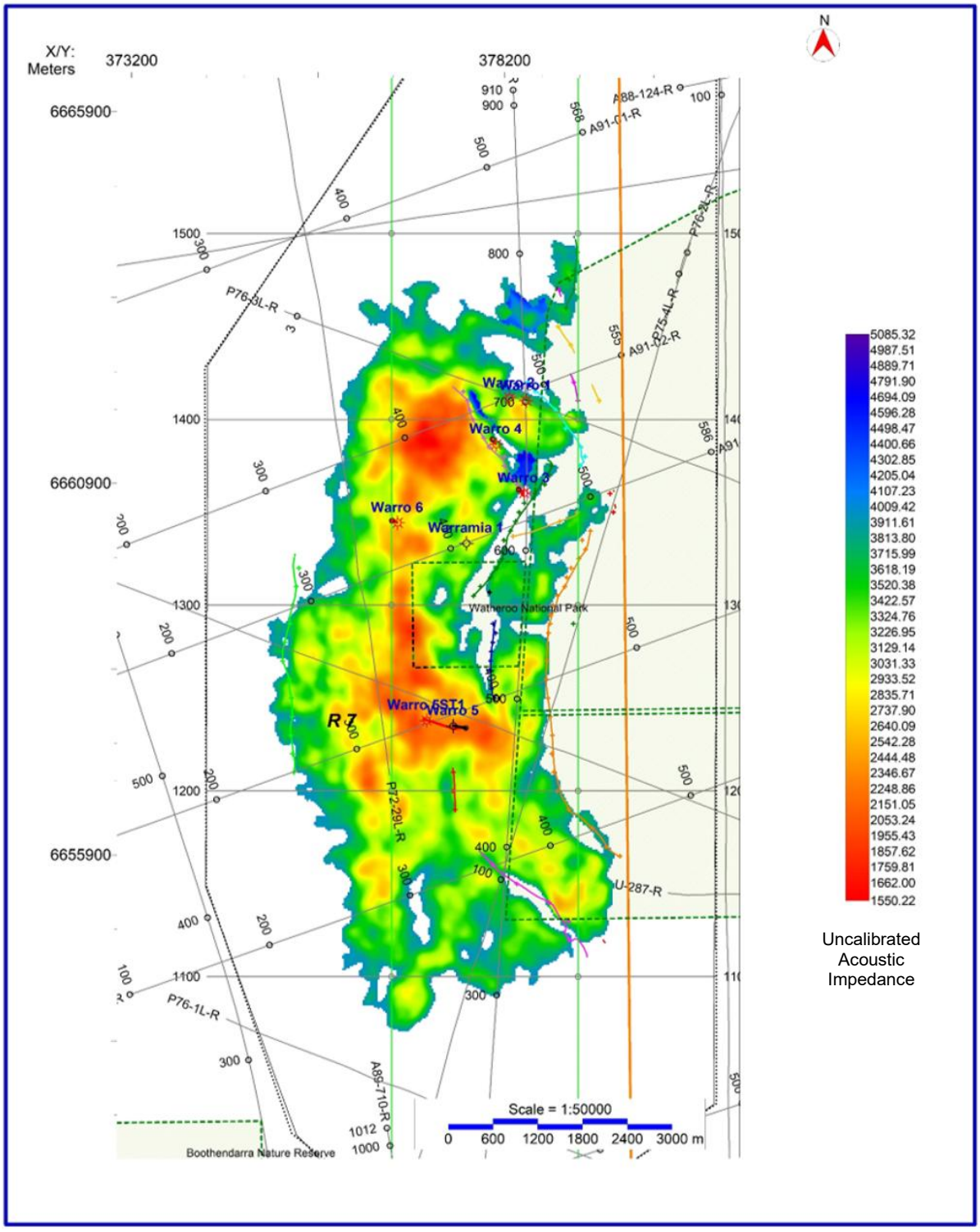


Figure 2: Uncalibrated acoustic impedance extraction from the new Warro 3D reprocessing

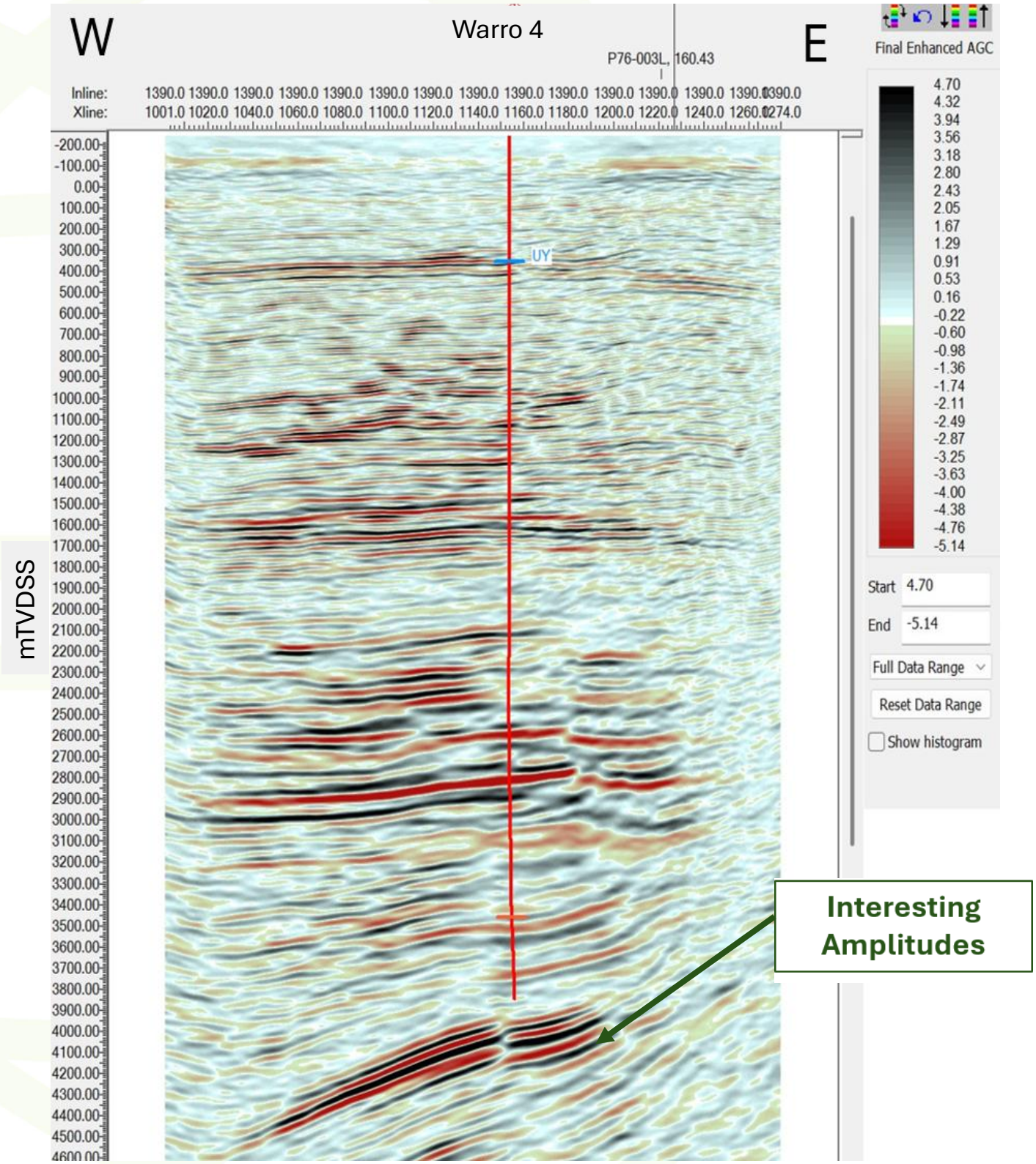


Figure 3: Warro 3D 2026 Full Stack Repro showing IL1390 and how close Warro 4 came to penetrating the deeper targets. There is still a partially penetrated sand at the bottom of the Warro 4 well that has not been flow tested.

Officer Basin – South Australia

During the quarter, the Company continued working with LAB Energy Advisors Ltd on the farmout of its flagship Alinya Project. The process continues with interest from domestic and international parties attracted to both the hydrocarbon potential and the emerging hydrogen and helium opportunities within the project area.

Renewable Energy Assets

The company withdrew its application for EPG2050 and has no other exposure to geothermal assets. The company would like to focus solely on its existing assets in South Australia and Western Australia.

R7 Retention Lease Renewal

The Company continues to progress the renewal of Retention Lease R7 and remains in active discussions with the WA Department of Mines, Petroleum and Exploration. The current R7 Retention Lease is due to expire on 4 December 2026. An application to renew R7 was submitted to the WA DMPE on 28 May 2026, together with an application to suspend and extend the Permit Year 5 work programme. The Company is awaiting the outcome of these applications and will provide further updates as they become available.

Corporate

Financials

H3 Energy held a cash balance of A$1.847 million as at 30 September 2026. Payments to related parties of the entity and their associates totalled $93,695.01 (inclusive of GST) during the period. This includes payment of $50,820 to AE Advisors Group (a related party of Mr Mark Lindh, Chairman) in respect of corporate advisory, investor relations, company secretarial, accounting and administrative services fees and a total of $42,875.01 to Directors in respect of director fees.

Outlook

- Attract suitable farm out partners for the Rickerscote well in the Officer Basin and for the Warro project in the Perth Basin.
- Secure an extension to the R7 Retention Lease
- Complete the forward work plan for R7.

Chairman's Statement

The September quarter was a period of continued momentum for H3 Energy as the Company took meaningful steps to advance both the commercialisation pathway for the Warro Gas Field and strategic partnership discussions for the flagship Alinya project in the Officer Basin.

At the Warro Gas Field in Western Australia, the Company completed Phase 1 of its comprehensive technical re-evaluation, including a key reservoir engineering data quality review by Molyneux Advisors. This work confirmed that selective targeting of intervals identified through petrophysical and image log re-evaluations presents a strong likelihood of achieving dry gas flow, potentially supporting commercialisation. Detailed drilling and reservoir engineering to access the identified

targets is expected to commence in early May 2026. The Company also received the final integrated technical and commercial studies from RISC Advisory, which are currently under evaluation.

In South Australia, H3 Energy appointed LAB Energy Advisors as farm-in advisor to progress strategic partnership discussions for the Alinya project, with a focus on identifying industry partners to assist in advancing the Company's large-scale oil exploration opportunity and funding the Rickerscote-1 well. The Company also commenced a review of the broader hydrogen and helium potential across PEL 81 and PEL 253, with early indications showing the Alinya formation and Pindyin Reservoir extending to the East, increasing the prospectivity of the Milford and Milford East structures.

H3 Energy remains focused on progressing the Warro redevelopment, attracting a suitable farm-out partner for the Officer Basin, and delivering value across its portfolio of energy assets.

Tenement Schedule

Project	WBE	Location	Change during the quarter
Alinya Project (PEL 253)	4,097sqkm	South Australia	No change
Alinya Project (PEL 81)	15,336sqkm	South Australia	No change
Warro JV – RL7	222sqkm	Western Australia	No change

This announcement has been approved for release by the Board of H3 Energy Limited.

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About H3 Energy Limited

H3 Energy Limited (ASX: H3E) ("H3E" or the "Company") is an ASX-listed exploration and production company focused on exploring and delivering hydrocarbons, natural hydrogen and helium for the energy transition. The company has extensive exploration acreage in the Officer Basin located in South Australia; a substantial contingent gas resource in Western Australia; and a geothermal exploration permit over a proven conventional hot water production location in southwest Queensland.

Forward Looking Statements

This Quarterly Activities Report contains forward-looking statements that are subject to risks, uncertainties and assumptions. Forward-looking statements include, but are not limited to, statements regarding future exploration activities, resource potential, appraisal and development plans, commercial outcomes, project economics, farmout processes, regulatory approvals and the timing of future work programs.

Forward-looking statements are based on information available to the Company at the date of this report and reflect management's current expectations, estimates and assumptions. Actual results, performance or achievements may differ materially from those expressed or implied in these statements due to various factors, including changes in market conditions, commodity prices, regulatory developments, operational risks, technical outcomes and other factors beyond the Company's control.

The identification of potential geological leads, seismic anomalies, drilling opportunities and prospective targets referred to in this report does not constitute the discovery of commercially recoverable hydrocarbons. Further technical evaluation, drilling, testing and regulatory approvals may be required before the commercial potential of any identified prospect or reservoir can be determined.

Except as required by applicable law or the ASX Listing Rules, the Company undertakes no obligation to update or revise any forward-looking statements contained in this report to reflect events or circumstances occurring after the date of this report.

Appendix 5B

Mining exploration entity or oil and gas exploration entity quarterly cash flow report

Name of entity

H3 ENERGY LIMITED

ABN	Quarter ended ("current quarter")
68 079 432 796	30 September 2026

Consolidated statement of cash flows		Current quarter $A'000	Year to date (3 months) $A'000
1.	**Cash flows from operating activities**		
1.1	Receipts from customers	-	-
1.2	Payments for		
	(a) exploration & evaluation	(316)	(316)
	(b) development	-	-
	(c) production	-	-
	(d) staff costs	(63)	(63)
	(e) administration and corporate costs	(333)	(333)
1.3	Dividends received (see note 3)	-	-
1.4	Interest received	10	10
1.5	Interest and other costs of finance paid	-	-
1.6	Income taxes paid	-	-
1.7	Government grants and tax incentives	-	-
1.8	Other (provide details if material)	-	-
1.9	**Net cash from / (used in) operating activities**	**(702)**	**(702)**

2.	**Cash flows from investing activities**		
2.1	Payments to acquire or for:		
	(a) entities	-	-
	(b) tenements	-	-
	(c) property, plant and equipment	(8)	(8)
	(d) exploration & evaluation	-	-
	(e) investments	-	-
	(f) other non-current assets	-	-
2.2	Proceeds from the disposal of:		
	(a) entities	-	-
	(b) tenements	-	-

Consolidated statement of cash flows		Current quarter $A'000	Year to date (3 months) $A'000
	(c) property, plant and equipment	-	-
	(d) investments	-	-
	(e) other non-current assets	-	-
2.3	Cash flows from loans to other entities	-	-
2.4	Dividends received (see note 3)	-	-
2.5	Other (provide details if material)	-	-
2.6	**Net cash from / (used in) investing activities**	**(8)**	**(8)**

3.	**Cash flows from financing activities**		
3.1	Proceeds from issues of equity securities (excluding convertible debt securities)	1,900	1,900
3.2	Proceeds from issue of convertible debt securities	-	-
3.3	Proceeds from exercise of options	-	-
3.4	Transaction costs related to issues of equity securities or convertible debt securities	(205)	(205)
3.5	Proceeds from borrowings	-	-
3.6	Repayment of borrowings – Convertible Note	(38)	(38)
3.7	Transaction costs related to loans and borrowings	-	-
3.8	Dividends paid	-	-
3.9	Other (provide details if material)	-	-
3.10	**Net cash from / (used in) financing activities**	**1,657**	**1,657**

4.	**Net increase / (decrease) in cash and cash equivalents for the period**		
4.1	Cash and cash equivalents at beginning of period	900	900
4.2	Net cash from / (used in) operating activities (item 1.9 above)	(702)	(702)
4.3	Net cash from / (used in) investing activities (item 2.6 above)	(8)	(8)
4.4	Net cash from / (used in) financing activities (item 3.10 above)	1,657	1,657
4.5	Effect of movement in exchange rates on cash held	-	-
4.6	**Cash and cash equivalents at end of period**	**1,847**	**1,847**

5.	Reconciliation of cash and cash equivalents at the end of the quarter (as shown in the consolidated statement of cash flows) to the related items in the accounts	Current quarter $A'000	Previous quarter $A'000
5.1	Bank balances	1,847	900
5.2	Call deposits	-	-
5.3	Bank overdrafts	-	-
5.4	Other (provide details)	-	-
5.5	**Cash and cash equivalents at end of quarter (should equal item 4.6 above)**	**1,847**	**900**

6.	Payments to related parties of the entity and their associates	Current quarter $A'000
6.1	Aggregate amount of payments to related parties and their associates included in item 1	(94)
6.2	Aggregate amount of payments to related parties and their associates included in item 2	-

Note: if any amounts are shown in items 6.1 or 6.2, your quarterly activity report must include a description of, and an explanation for, such payments.

7.	Financing facilities *Note: the term "facility' includes all forms of financing arrangements available to the entity.* *Add notes as necessary for an understanding of the sources of finance available to the entity.*	Total facility amount at quarter end $A'000	Amount drawn at quarter end $A'000
7.1	Loan facilities	-	-
7.2	Credit standby arrangements	-	-
7.3	Other (Finance Lease)	-	-
7.4	**Total financing facilities**	-	-
7.5	**Unused financing facilities available at quarter end**		-
7.6	Include in the box below a description of each facility above, including the lender, interest rate, maturity date and whether it is secured or unsecured. If any additional financing facilities have been entered into or are proposed to be entered into after quarter end, include a note providing details of those facilities as well.		

8.	Estimated cash available for future operating activities	$A'000
8.1	Net cash from / (used in) operating activities (item 1.9)	(702)
8.2	(Payments for exploration & evaluation classified as investing activities) (item 2.1(d))	-
8.3	Total relevant outgoings (item 8.1 + item 8.2)	(702)
8.4	Cash and cash equivalents at quarter end (item 4.6)	1,847
8.5	Unused finance facilities available at quarter end (item 7.5)	-
8.6	Total available funding (item 8.4 + item 8.5)	1,847
8.7	**Estimated quarters of funding available (item 8.6 divided by item 8.3)**	2.63

Note: if the entity has reported positive relevant outgoings (ie a net cash inflow) in item 8.3, answer item 8.7 as "N/A". Otherwise, a figure for the estimated quarters of funding available must be included in item 8.7.

8.8 If item 8.7 is less than 2 quarters, please provide answers to the following questions:

8.8.1 Does the entity expect that it will continue to have the current level of net operating cash flows for the time being and, if not, why not?

Answer: N/A

8.8.2 Has the entity taken any steps, or does it propose to take any steps, to raise further cash to fund its operations and, if so, what are those steps and how likely does it believe that they will be successful?

Answer: N/A

8.8.3 Does the entity expect to be able to continue its operations and to meet its business objectives and, if so, on what basis?

Answer: N/A

Note: where item 8.7 is less than 2 quarters, all of questions 8.8.1, 8.8.2 and 8.8.3 above must be answered.

Compliance statement

1 This statement has been prepared in accordance with accounting standards and policies which comply with Listing Rule 19.11A.

2 This statement gives a true and fair view of the matters disclosed.

Date: .....30 October 2026.....

Authorised by: ..... The Board of Directors of H3 Energy Limited.....

(Name of body or officer authorising release – see note 4)

Notes

1. This quarterly cash flow report and the accompanying activity report provide a basis for informing the market about the entity's activities for the past quarter, how they have been financed and the effect this has had on its cash position. An entity that wishes to disclose additional information over and above the minimum required under the Listing Rules is encouraged to do so.

2. If this quarterly cash flow report has been prepared in accordance with Australian Accounting Standards, the definitions in, and provisions of, *AASB 6: Exploration for and Evaluation of Mineral Resources* and *AASB 107: Statement of Cash Flows* apply to this report. If this quarterly cash flow report has been prepared in accordance with other accounting standards agreed by ASX pursuant to Listing Rule 19.11A, the corresponding equivalent standards apply to this report.

3. Dividends received may be classified either as cash flows from operating activities or cash flows from investing activities, depending on the accounting policy of the entity.

4. If this report has been authorised for release to the market by your board of directors, you can insert here: "By the board". If it has been authorised for release to the market by a committee of your board of directors, you can insert here: "By the [*name of board committee – eg Audit and Risk Committee*]". If it has been authorised for release to the market by a disclosure committee, you can insert here: "By the Disclosure Committee".

5. If this report has been authorised for release to the market by your board of directors and you wish to hold yourself out as complying with recommendation 4.2 of the ASX Corporate Governance Council's *Corporate Governance Principles and Recommendations*, the board should have received a declaration from its CEO and CFO that, in their opinion, the financial records of the entity have been properly maintained, that this report complies with the appropriate accounting standards and gives a true and fair view of the cash flows of the entity, and that their opinion has been formed on the basis of a sound system of risk management and internal control which is operating effectively.