

Announcement Summary

Entity name

NUTRITIONAL GROWTH SOLUTIONS LTD

Date of this announcement

Wednesday October 14, 2026

The +securities the subject of this notification are:

+Other securities issued under an +employee incentive scheme that are not intended to be quoted on ASX

Total number of +securities to be issued/transferred

ASX +security code	Security description	Total number of +securities to be issued/transferred	Issue date
New class - code to be confirmed	OPTIONS EXPIRING 14-OCT-2029 EX \$0.025	2,500,000	14/10/2026
New class - code to be confirmed	OPTIONS EXPIRING 14-OCT-2029 EX \$0.04	2,500,000	14/10/2026
New class - code to be confirmed	OPTIONS EXPIRING 14-DEC-2029 EX \$0.055	2,500,000	14/10/2026

Refer to next page for full details of the announcement

Part 1 - Entity and announcement details

1.1 Name of entity

NUTRITIONAL GROWTH SOLUTIONS LTD

We (the entity named above) give notice of the issue, conversion or payment up of the following unquoted +securities.

1.2 Registered number type

ARBN

Registration number

642861774

1.3 ASX issuer code

NGS

1.4 The announcement is

New announcement

1.5 Date of this announcement

14/10/2026

Part 2 - Issue details

2.1 The +securities the subject of this notification are:

+Other securities issued under an +employee incentive scheme that are not intended to be quoted on ASX

2.2a This notification is given in relation to an issue of +securities in a class which is not quoted on ASX and which:

does not have an existing ASX security code ("new class")

Part 3C - number and type of +securities the subject of this notification (new class)

ASX +security code

New class - code to be confirmed

+Security description

OPTIONS EXPIRING 14-OCT-2029 EX \$0.025

+Security type

Options

ISIN code

Date the +securities the subject of this notification were issued

14/10/2026

Will all the +securities issued in this class rank equally in all respects from their issue date?

Yes

Were any of the +securities issued to +key management personnel (KMP) or an +associate?

Yes

Provide details of the KMP or +associates being issued +securities.

Name of KMP	Name of registered holder	Number of +securities
Joel Dening	Joel Dening	2,500,000

Have you received confirmation from ASX that the terms of the +securities are appropriate and equitable under listing rule 6.1?

No

Please provide a URL link for a document lodged with ASX setting out the material terms of the +securities being issued.

Refer to Schedule 2 in the Notice of General Meeting released on 18 November 2025: <https://cdn-api.markitdigital.com/a/piman-gateway/ASX/asx-research/1.0/file/2924-03024333-6A1297506&v=undefined>

Options Details

+Security currency	Exercise price	Expiry date
AUD - Australian Dollar	AUD 0.02500000	14/10/2029

Details of the existing class of +security that will be issued upon exercise or conversion of this new class of company option

NGS : ORDINARY FULLY PAID

Please provide a URL link for a document lodged with ASX detailing the terms of the +employee incentive scheme or a summary of the terms

Refer to Schedule 2 in the Notice of General Meeting released on 18 November 2025: <https://cdn-api.markitdigital.com/a/piman-gateway/ASX/asx-research/1.0/file/2924-03024333-6A1297506&v=undefined>

Any other information the entity wishes to provide about the +securities the subject of this notification

Issue of options to the Chief Operating Officer, Joel Dening, as an incentive component to his remuneration package under ASX LR 7.1.

Issue details

Number of +securities

2,500,000

ASX +security code

New class - code to be confirmed

+Security description

OPTIONS EXPIRING 14-OCT-2029 EX \$0.04

+Security type

Options

ISIN code**Date the +securities the subject of this notification were issued**

14/10/2026

Will all the +securities issued in this class rank equally in all respects from their issue date?

Yes

Were any of the +securities issued to +key management personnel (KMP) or an +associate?

Yes

Provide details of the KMP or +associates being issued +securities.

Name of KMP	Name of registered holder	Number of +securities
Joel Dening	Joel Dening	2,500,000

Have you received confirmation from ASX that the terms of the +securities are appropriate and equitable under listing rule 6.1?

No

Please provide a URL link for a document lodged with ASX setting out the material terms of the +securities being issued.

Refer to Schedule 2 in the Notice of General Meeting released on 18 November 2025: <https://cdn-api.markitdigital.com/a/piman-gateway/ASX/asx-research/1.0/file/2924-03024333-6A1297506&v=undefined>

Options Details

+Security currency	Exercise price	Expiry date
AUD - Australian Dollar	AUD 0.04000000	14/10/2029

Details of the existing class of +security that will be issued upon exercise or conversion of this new class of company option

NGS : ORDINARY FULLY PAID

Please provide a URL link for a document lodged with ASX detailing the terms of the +employee incentive scheme or a summary of the terms

Refer to Schedule 2 in the Notice of General Meeting released on 18 November 2025: <https://cdn-api.markitdigital.com/a/piman-gateway/ASX/asx-research/1.0/file/2924-03024333-6A1297506&v=undefined>

Any other information the entity wishes to provide about the +securities the subject of this notification

Issue of options to the Chief Operating Officer, Joel Denning, as an incentive component to his remuneration package under ASX LR 7.1.

Issue details

Number of +securities

2,500,000

ASX +security code

New class - code to be confirmed

+Security description

OPTIONS EXPIRING 14-DEC-2029 EX \$0.055

+Security type

Options

ISIN code**Date the +securities the subject of this notification were issued**

14/10/2026

Will all the +securities issued in this class rank equally in all respects from their issue date?

Yes

Were any of the +securities issued to +key management personnel (KMP) or an +associate?

Yes

Provide details of the KMP or +associates being issued +securities.

Name of KMP	Name of registered holder	Number of +securities
Joel Denning	Joel Denning	2,500,000

Have you received confirmation from ASX that the terms of the +securities are appropriate and equitable under listing rule 6.1?

No

Please provide a URL link for a document lodged with ASX setting out the material terms of the +securities being issued.

Refer to Schedule 2 in the Notice of General Meeting released on 18 November 2025: <https://cdn-api.markitdigital.com/a/piman-gateway/ASX/asx-research/1.0/file/2924-03024333-6A1297506&v=undefined>

Options Details

+Security currency	Exercise price	Expiry date
AUD - Australian Dollar	AUD 0.05500000	14/12/2029

Details of the existing class of +security that will be issued upon exercise or conversion of this new class of company option

NGS : ORDINARY FULLY PAID

Please provide a URL link for a document lodged with ASX detailing the terms of the +employee incentive scheme or a summary of the terms

Refer to Schedule 2 in the Notice of General Meeting released on 18 November 2025: <https://cdn-api.markitdigital.com/piman-gateway/ASX/asx-research/1.0/file/2924-03024333-6A1297506&v=undefined>

Any other information the entity wishes to provide about the +securities the subject of this notification

Issue of options to the Chief Operating Officer, Joel Denning, as an incentive component to his remuneration package under ASX LR 7.1.

Issue details

Number of +securities

2,500,000

Part 4 - +Securities on issue

Following the issue, conversion or payment up of the +securities the subject of this notification, the +securities of the entity will comprise:

The figures in parts 4.1 and 4.2 below are automatically generated and may not reflect the entity's current issued capital if other Appendix 2A, Appendix 3G or Appendix 3H forms are currently with ASX for processing.

4.1 Quoted +securities (Total number of each +class of +securities issued and quoted on ASX)

ASX +security code and description	Total number of +securities on issue
NGS : ORDINARY FULLY PAID	964,041,335

4.2 Unquoted +securities (Total number of each +class of +securities issued but not quoted on ASX)

ASX +security code and description	Total number of +securities on issue
NGSAN : EMP OPTIONS EX VARIOUS DATES EX VARIOUS PRICES	635,417
NGSAZ : OPTION EXPIRING 01-JUL-2028 EX \$0.04	4,000,000
NGSAY : OPTION EXPIRING 11-AUG-2028 EX \$0.04	52,000,000
NGSAA : OPTION EXPIRING 23-DEC-2028 EX \$0.025	25,000,000
NGSAB : OPTION EXPIRING 04-SEP-2029 EX \$0.025	50,000,000
NGSAC : OPTION EXPIRING 04-SEP-2029 EX \$0.04	15,000,000
NGSAV : OPTION EXPIRING 19-JUL-2027 EX \$0.04	750,000
New class - code to be confirmed : OPTIONS EXPIRING 14-OCT-2029 EX \$0.025	2,500,000
New class - code to be confirmed : OPTIONS EXPIRING 14-OCT-2029 EX \$0.04	2,500,000
New class - code to be confirmed : OPTIONS EXPIRING 14-DEC-2029 EX \$0.055	2,500,000

Part 5 - Other Listing Rule requirements

5.1 Were the +securities issued under an exception in Listing Rule 7.2 and therefore the issue did not need any security holder approval under Listing Rule 7.1?

No

5.2 Has the entity obtained, or is it obtaining, +security holder approval for the issue under listing rule 7.1?

No

5.2b Are any of the +securities being issued without +security holder approval using the entity's 15% placement capacity under listing rule 7.1?

Yes

5.2b.1 How many +securities are being issued without +security holder approval using the entity's 15% placement capacity under listing rule 7.1?

7,500,000

5.2c Are any of the +securities being issued without +security holder approval using the entity's additional 10% placement capacity under listing rule 7.1A (if applicable)?

No