

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	Nutritional Growth Solutions Ltd
ARBN	642 861 774

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Mr Manik Pujara
Date of last notice	18 November 2025

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Trinetra Holdings Pty Ltd <Trinetra Investments A/C>. Mr Pujara has a relevant interest in these securities under section 608 of the Corporations Act 2001 by reason of his control of Trinetra Holdings Pty Ltd, which holds the securities as trustee of the Trinetra Investments Trust.
Date of change	4 September 2026
No. of securities held prior to change	Indirect 5,000,000 ordinary class shares
Class	1. Ordinary class shares 2. Options exercisable at \$0.025 expiring 4 September 2029 3. Options exercisable at \$0.04 expiring 4 September 2029

+ See chapter 19 for defined terms.

Appendix 3Y
Change of Director's Interest Notice

Number acquired	1. 7,500,000 ordinary class shares 2. 10,000,000 options exercisable at \$0.025 expiring 4 September 2029 3. 5,000,000 options exercisable at \$0.04 expiring 4 September 2029
Number disposed	Nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	1. Non-cash consideration. Estimated value of \$150,000, calculated in accordance with clause 13.4 of the explanatory statement accompanying the AGM Notice of Meeting released on 2 July 2026. 2. Non-cash consideration. \$124,000, being the value of 10,000,000 Class A incentive options exercisable at \$0.025 expiring 4 September 2029 calculated in accordance with clause 16.4 and schedule 5 of the explanatory statement accompanying the AGM Notice of Meeting released on 2 July 2026. 3. Non-cash consideration. \$53,000, being the value of 5,000,000 Class B incentive options exercisable at \$0.04 expiring 4 September 2029 calculated in accordance with clause 17.4 and schedule 5 of the explanatory statement accompanying the AGM Notice of Meeting released on 2 July 2026.
No. of securities held after change	Indirect 12,500,000 ordinary class shares 10,000,000 options exercisable at \$0.025 expiring 4 September 2029 5,000,000 options exercisable at \$0.04 expiring 4 September 2029
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	1. Issue of Shares in lieu of fees, pursuant to the passing of Resolution 11 at the Annual General Meeting held on 10 August 2026. 2. Issue of Class A incentive options, pursuant to the passing of Resolution 14 at the Annual General Meeting held on 10 August 2026. 3. Issue of Class B incentive options, pursuant to the passing of Resolution 16 at the Annual General Meeting held on 10 August 2026.

+ See chapter 19 for defined terms.

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – ⁺Closed period

Were the interests in the securities or contracts detailed above traded during a ⁺closed period where prior written clearance was required?	No.
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

⁺ See chapter 19 for defined terms.